

Daily Recommended Nutrition (from FDA website)

Nutrient	Grams
Total Fat	65
Protein	50
Calcium	1
Fiber	25
Sodium	2.4
Sugar	25
Iron	0.018
Vitamin C	0.06

Recommended	
Nutrient	Grams
Fat	65
Protein	50
Calcium	1
Fiber	25
Sodium	2.4
Sugar	25
Iron	0.018
Vitamin C	0.06

